



## OVERVIEW TERM 2 ICA's 2024-2025

### FS1

#### **Lego Club - Monday** (FS1)



LEGO® Education engages students in hands-on investigation of STEAM concepts using everyday themes. In addition to learning computer science and design engineering concepts, students will also develop their literacy, math, and social-emotional skills as they turn concepts into reality. It introduces students to computational thinking as they explore sequences and loops, understand cause and effect, and test and debug programs – all while working on their collaborative conversation skills

#### **Playdough Club - Monday** (FS1)



We are thrilled to introduce an engaging and creative after-school activity for our FS1 learners: the Playdough Club! Through these sessions, children will participate in hands-on playdough activities aimed at strengthening their finger and hand muscles—key to developing fine motor skills.

The club will also spark their imaginations by incorporating storytelling. Learners will bring stories to life by crafting playdough creations inspired by characters and elements from the tales they hear.

This activity not only supports physical development but also nurtures creativity, active listening, and storytelling skills. We can't wait to see the amazing creations they'll bring to life!

## Playdough Club - Wednesday

(FS1)



We are excited to introduce a fun and creative after-school activity for our FS1 children: the Playdough Club! During these sessions, children will engage in hands-on playdough activities designed to strengthen their fingers and hand muscles, an essential foundation for fine motor development.

In addition to building these skills, the club will incorporate storytelling to inspire their imaginations. Children will bring stories to life by creating playdough art that reflects characters or elements from the tales they hear.

This activity not only supports their physical development but also encourages creativity, listening, and storytelling skills. We can't wait to see their wonderful creations!

## Funky Fingers - Wednesday

(FS1)



Get ready for Funky Fingers, where tiny hands get stronger and more skilled! Perfect for children aged 3-4, our engaging activities are designed to develop those little fingers while having loads of fun. Through exciting exercises like threading, using tweezers, playing with playdough, and doing puzzles, your child will build the fine motor skills needed for everyday tasks like writing, dressing, and more. Not only do these activities enhance hand strength and control, but they also boost concentration, patience, and confidence. Join us and see your child's coordination and dexterity grow as they explore a world of fun-filled challenges, preparing them for the important skills they'll need in the future!

## FS2 - Year 1

### Reading Club - Monday

(FS2 - Year 1)



This club is designed to nurture a love for books and storytelling. Children will participate in read-aloud sessions, explore various genres, and engage in fun activities like role-playing their favorite characters or creating story-related crafts. The goal is to develop strong reading habits and improve comprehension skills in an enjoyable and relaxed setting.

## Pop Art - Monday

(FS2 - Year 1)



Pop Art is a colourful and exciting style of art that uses images from everyday life, like food, toys, and even advertisements. Artists like Andy Warhol and Roy Lichtenstein made art using bold colours, simple shapes, and repeating patterns. They took things we see every day, such as soup cans and comic book characters, and turned them into art that everyone could understand and enjoy. Pop Art helps us see ordinary things in a new and fun way! It's a way to express the things we love and see in the world around us. In Pop Art, everything is big, bright, and full of energy! Let's get creative and make something fun—just like Pop Art!

## Portuguese Adventures - Monday

(FS2 - Year 1)



Our Portuguese Club for Kids will offer a playful and engaging way for children to learn a new language. Through songs, games and stories, your child will build vocabulary, develop conversational skills and gain confidence in speaking Portuguese.

Each session is interactive and fun, focusing on practical language use and cultural discovery. Join us to spark your child's curiosity and help them start their Portuguese journey with joy!

## Multisports - Monday

(FS1 - FS2 & Year 1)



This fun and engaging program lets kids try just about everything including soccer, baseball, basketball, football, hockey, volleyball, golf, and tennis.

## Music & Movement - Wednesday

(FS2 - Year 1)



This club is a dynamic and energetic space where children can express themselves through music and physical activity. They will explore rhythm, beat, and melody by singing, dancing, and playing simple instruments. The sessions focus on improving coordination, enhancing motor skills, and fostering a love for music, all while encouraging creativity and teamwork.

## Eco Club - Wednesday

(FS2 - Year 1)



Eco Club engages learners in hands-on exploration of sustainability concepts using everyday themes. Through creative projects and activities, students will develop their literacy, math, and social-emotional skills while turning eco-friendly ideas into reality. They will be introduced to critical thinking as they explore sustainable practices, understand cause and effect in nature, and test solutions to environmental challenges—all while building teamwork and communication skills.

## Lego Club - Wednesday

(FS2 - Year 1)



LEGO ICA is a fun club where the learners can get creative, build their own ideas, and work together as a team. They'll explore a variety of projects that will help them think, solve problems, and express their individuality. Come and have some fun with fellow Lego fans! I hope to see you there!

## Arabic Club - Wednesday

(FS2 - Year 1)



Learners will delve into the beauty of the Arabic language by practicing vocabulary, conversational phrases, and basic writing skills. Activities include storytelling, traditional games, and cultural explorations like songs and art projects, making it an engaging way to connect with the language and culture.

## English Club - Wednesday

(FS2 - Year 1)



In this club, children will enhance their English language skills through interactive games, storytelling, and group activities. They'll work on expanding their vocabulary, improving pronunciation, and building confidence in communication through creative exercises like writing short stories or performing mini-dramas.

## Year 2 - 8

### Scratch JR - Monday

(Year 2 - Year 4)



This introductory coding club uses Scratch JR, a child-friendly programming tool, to teach foundational coding skills. Learners will create their own interactive animations and games, developing problem-solving abilities, logical thinking, and creativity while having fun with technology.

### French Club - Monday

(Year 2 - Year 4)



Children will get a head start in learning French by engaging in fun, immersive activities. Through songs, interactive games, and storytelling, they'll learn basic phrases, numbers, and vocabulary, giving them an early appreciation of the French language and culture.

### Music & Movement - Wednesday

(Year 2 - Year 4)



Join the Music Movement Club and let your creativity shine! This exciting program combines music, rhythm, and movement to help learners express themselves while improving coordination and physical fitness. Through dance, creative motion, and engaging activities, learners will have fun, stay active, and discover the joy of moving to music!

### Kids Yoga - Monday

(Year 2 - Year 6)



Mindfulness is the practice of focusing your attention on the present moment. In yoga, participants often use breathing and yoga poses to help the mind calm.

## Athletics - Monday

(Year 3 - 8)



Start your day with energy and enthusiasm at the morning Athletics Club! This dynamic program focuses on building strength, agility, and endurance through fun activities like running, jumping, stretching, and team challenges. It's the perfect way to stay active, improve fitness, and develop a love for movement!

## Swimming Club - Monday

(Year 3 - 5)



Swimming club is an inclusive and fun club that improves water confidence, stroke skills and health benefits.

## Volleyball - Monday

(Year 3 - 6)



Volleyball is a popular sport worldwide and we want our learners to join that. Volleyball promotes coordination, power and teamwork all through game play.

## Arabic Club - Monday

(Year 5 - 8)



Learners will delve into the beauty of the Arabic language by practicing vocabulary, conversational phrases, and basic writing skills. Activities include storytelling, traditional games, and cultural explorations like songs and art projects, making it an engaging way to connect with the language and culture.

## Chess - Monday

(Year 5 - 8)



When you come to Chess club you will already have some knowledge of how the game works, and through practice and competition you will be able to improve your chess game. We will be also running a competition to see who the best chess player in the club is.

## English Club - Monday

(Year 3 - 6)



In this club, children will enhance their English language skills through interactive games, storytelling, and group activities. They'll work on expanding their vocabulary, improving pronunciation, and building confidence in communication through creative exercises like writing short stories or performing mini-dramas.

## Math Club - Monday

(Year 7 - 8)



The Math Mastery Club is the perfect place for learners in Years 7 and 8 to strengthen their understanding of key mathematical concepts. The club focuses on reteaching and reinforcing the topics covered in class, ensuring learners build confidence in their skills.

In addition to revisiting class concepts, learners will tackle challenging questions that push their problem-solving abilities and deepen their understanding of math. The club provides a supportive environment where learners can ask questions, collaborate with peers, and develop strategies to solve complex problems. Join us to master math and excel with confidence!

## Gymnastics - Tuesday

(Year 3 - 8)



Give your child the chance to develop strength, flexibility and confidence by joining our schools gymnastics club.

## Morning Basketball - Tuesday

(Year 5 - 8)



Morning Basketball is perfect for learners who are passionate about the game and eager to grow their skills. Join the team, bring your energy, and work hard to thrive together as part of the Citizens community!

### Morning Multi Sports - Tuesday

(Year 2 - 8)



This fun and engaging morning program lets kids try just about everything, including soccer, baseball, basketball, football, hockey, volleyball, golf, and tennis. Start your day with energy and excitement while exploring a variety of sports!

### The Reading Nook - Wednesday

(Year 2 - 4)



This club provides a tranquil space where children can enjoy quiet, independent reading or participate in group storytelling sessions. Activities like book discussions, story-themed games, and creating book-themed art will help foster creativity, imagination, and a deep love for reading.

### Planting Club - Wednesday

(Year 2 - 4)



In this hands-on club, children will learn about gardening and the importance of sustainability. They will plant and care for seeds, observe the growth process, and understand the basics of environmental conservation. Activities include crafting garden markers, creating small indoor gardens, and learning the science behind plant life.

### Arabic Club - Wednesday

(Year 2 - 4)



Learners will delve into the beauty of the Arabic language by practicing vocabulary, conversational phrases, and basic writing skills. Activities include storytelling, traditional games, and cultural explorations like songs and art projects, making it an engaging way to connect with the language and culture.



## Mandarin Club - Wednesday

(Year 2 - 4)



Mandarin Club engages learners in an exciting journey into the Chinese language and culture through hands-on and interactive activities. Using everyday themes, students will explore basic Mandarin vocabulary, pronunciation, and sentence structure. In addition to developing their language skills, students will also enhance their literacy, math, and social-emotional abilities as they connect language to real-world contexts and cultural traditions. The club introduces learners to fundamental conversational skills as they practice greetings, numbers, and simple phrases, understand the basics of Mandarin characters, and participate in fun cultural projects such as calligraphy, songs, and traditional games – all while improving their teamwork and communication skills. Come learn Mandarin and discover the wonders of Chinese culture

## Choir - Wednesday

(Year 4 - 8)



We will learn to sing together as a group, using our voices to create beautiful harmonies and express different emotions in songs from around the world. We will also build confidence, support each other, and develop teamwork skills as we learn to listen and blend our voices.

## Badminton - Wednesday

(Year 5 - 6)



One of the world's fastest racquet sports, badminton is an energy-hungry game. Reflexes and coordination, tactics and strategy - badminton has it all! The benefits of playing badminton go far beyond the body. A fun, friendly sport, it can also give you a deep sense of well-being.

## Netball - Wednesday

(Year 5 - 8)



Come and Join our school Netball team! A dynamic and exciting team sport which will be a female only club. Netball is an exhilarating, fast-paced sport that offers a range of physical, mental, and social benefits. We will be involved in away and home tournaments and games against other schools across Dubai. So if you would like to join our team, please come along and attend our school trials to gain your place on our Citizens Girls Netball team.

## Math Club - Wednesday

(Year 3 - 6)



Welcome to the Maths Explorers Club – where math becomes exciting, achievable, and fun! Designed for learners in Years 3 to 6, this club is all about building confidence, mastering key concepts, and discovering the joy of problem-solving.

From revisiting class topics to tackling fun, brain-teasing challenges, the Maths Explorers Club helps you sharpen your skills, think outside the box, and become a math whiz. With a supportive environment full of collaboration and creativity, you'll learn strategies to solve even the trickiest problems. Join the Math Masters Club and take your math game to the next level!

## Swimming Club - Wednesday

(Year 6 - 8)



Swimming club is an inclusive and fun club that improves water confidence, stroke skills and health benefits.

## Newsletter Club - Wednesday

(Year 5 - 8)



Join the Newsletter Club and become a storyteller for our school community! This creative program allows learners to enhance their writing, editing, and design skills by crafting exciting content. From interviews and feature articles to layouts and headlines, it's the perfect way to express your voice, collaborate with peers, and keep everyone informed and inspired.

## English Club - Wednesday

(Year 7 - 8)



Join the Newsletter Club and become a storyteller for our school community! This creative program allows learners to enhance their writing, editing, and design skills by crafting exciting content. From interviews and feature articles to layouts and headlines, it's the perfect way to express your voice, collaborate with peers, and keep everyone informed and inspired.

## Table Tennis - Wednesday

(Year 5 - 8)



Join the Table Tennis Club and master the art of precision, speed, and strategy! This exciting program offers learners the chance to sharpen their reflexes, improve their coordination, and engage in friendly matches with peers. Whether you're a beginner or a seasoned player, this club is perfect for developing your skills, staying active, and having fun!

## Morning Fun Fitness - Thursday

(Year 3 - 8)



Start your day with energy and excitement at the Morning Fun Fitness Club! This engaging program is designed to help learners boost their stamina, strength, and overall well-being through fun and dynamic exercises. From cardio workouts to team challenges, this club is the perfect way to stay active, build healthy habits, and kick-start your morning with positivity!

## Morning Boys Football Squad - Thursday

(Year 5 - 8)



Football squad is for boys looking to represent the school in DASSA leagues for term 1. We are looking to be competitive in Dubai against other schools. Come and join the team and work hard to succeed at Citizens.

## Morning Girls Football Squad - Thursday

(Year 5 - 8)



Football is a game of skill, strategy and teamwork. It is also known as soccer in some parts of the world. It is the most popular and widely played sport globally. It is a team sport played between two teams, each of eleven players with a round ball that is kicked around a pitch. We welcome everyone to come to attend our school trials, to become a part of our Citizens School Girls Football Team!